

Sophia Matiunas

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EDUCATION

James Madison University, Harrisonburg VA

Bachelor of Arts, expected MAY 2025

GPA: 3.4

MAJOR: School of Media Art Design: Creative Advertising

MINOR: Social Communications

EXPERIENCE

Inseparable Mental Health Organization- Internship

May 2023-Current

- Social content creation
- Collected weekly news clips
- Created company graphics
- Event registrations

Palm Beach Tan, Alexandria VA- Sales Associate

December 2022- Current

- Welcomed and checked in clients
- Maintained professional, efficient environment and served customers
- Marketed and sold products

Ropewalk Bethany -Server

June 2022- August 2023

- Worked full-time for 10+ weeks in busy restaurant
- Took orders accurately and efficiently.
- Delivered food and beverages to customers in a timely and efficient manner
- Ensured customer satisfaction

Congressional School of Virginia, Fairfax VA— *Camp Counselor*

June 2021 - August 2021

- Lead and supervised campers in various activities, ensuring their safety and well-being.

Vola's Dockside Grill, Alexandria Va— *Hostess*

June 2020- November 2020

- Provided excellent customer service while being friendly, outgoing, and able to work in a fast-paced environment.

SKILLS

Outstanding organizational skills

Proven Leader

Strong oral, written and verbal communication skills

Excellent problem solver

Highly collaborative team player

Community Engagement

Club SMAD

- Engage in PR and media projects at JMU and the local Harrisonburg community including logo design and social media strategy.

Sigma Kappa Public Relations Chair

- Create and maintain engaging social media platforms for my sorority.

Sigma Kappa Assistance New Member Educator

- Establish inclusive environment and orient new members to the sorority
- Organize and lead events for new members.

Fitness Instructor

- Teach H.I.I.T classes at JMU fitness center.

